



Handwashing 101



Proper hygiene stops the spread of the virus.

Source:
World Health Organization

01

Wet your hands before applying soap.

02

Bring your palms together and rub soap all over the palms and backs of your hands, including between the fingers and the finger tips and nails.

03

Wash your hands for at least 20 seconds.

04

Wipe your hands with a clean towel or paper towel





How to use a mask?

Source: World Health Organization



Before Putting on a Mask:

Clean hands with alcohol-based hand rub or soap and water.

While Wearing a Mask:

1. **Cover your mouth and nose.** Make sure there are no gaps between your face and the mask.
2. **Avoid touching the mask.** If you do, clean your hands with alcohol-based hand rub or soap and water.
3. Replace the mask with a new one as soon as it is damp.
Do not re-use single-use masks.



To dispose of the mask:

1. Remove the mask from behind using the strings. **Do not touch the front of mask.**
2. Discard the mask **immediately** in a closed bin.
3. **Clean hands** with alcohol-based hand rub or soap and water.



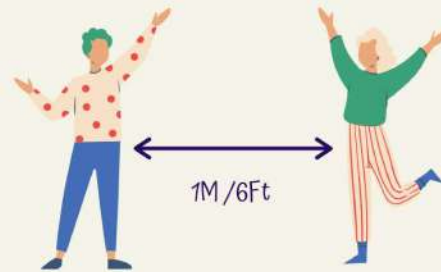


STOP THE SPREAD



WASH YOUR HANDS FREQUENTLY

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.



MAINTAIN PHYSICAL DISTANCING

Maintain at least 1 meters (6 feet) distance between yourself and anyone who is coughing or sneezing.



AVOID TOUCHING EYES, NOSE AND MOUTH

Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth.



IF YOU HAVE A FEVER, COUGH AND DIFFICULTY BREATHING, SEEK MEDICAL CARE EARLY

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance.



**APIS / APISP Health Response Matrix
Progressive Measures**

Updated 1 February 2021 (Distance Learning page: linked @ www.apis.ac.th)

| Response Level | Campus Access | Residential | Education Delivery | After School Activities/ Athletics | Field Trips/CWW/ Travel | Events | Transportation | Staff | Communication |
|--|---|--|--|--|---|---|---|---|--|
| Observe (no infection on campus, no cluster in Chiangmai) During pandemic period - green | Must stay home if flu like symptoms occur (including fever) Fever Checking points at entry/exit TST* (Google form) daily Sent home for fever during the day -kept under observation in an isolation room until parents arrive. Regularly planned safety drills (Outbreak, Fire, Earthquake, etc.) | Must be kept in isolation if flu like symptoms occur (including fever) Fever Checking points after dinner before Study Hall | Regular School Program Hygiene & Handwashing emphasized UP-DMHTT Early Years (EY) daily survey of travel | All regular after school activities allowed Cross-school athletics allowed With UP-DMHTT | All Field Trips and Residential travel allowed on a case by case basis With UP-DMHTT | All regularly scheduled/ calendared events allowed With UP-DMHTT | ALL buses and vans run as usual With UP-DMHTT | Normal working hours All staff report to work (unless presenting symptoms) TST (Google form) daily With UP-DMHTT | Update community about the situation |
| Elevate (confirmed small cluster in neighborhood area - but none on campus) During pandemic period - yellow | Must stay home if flu like symptoms occur (including fever) Fever Checking points at entry/exit - along with passport check for adult visitors TST (Google form) daily | Must stay in isolation if flu like symptoms occur (including fever) Fever Checking points after dinner before Study Hall No visitors in houses | School Program with minimal classroom movement Hygiene & Handwashing emphasized and reviewed Early Years (EY) daily survey of travel | Main campus after school activities allowed (on-site). Primary Campus ASA canceled Cross school athletics canceled | Field trips and travel suspended Following UP-DMHTT | All Events postponed/ canceled Following UP-DMHTT | ALL buses and vans run as usual Fever checking for buses and vans before leaving campus /house with strict UP-DMHTT | Normal working hours All staff report to work (unless presenting symptoms) Fever checking upon arrival/exit Arrange for subbing plan for staff who are | Update the community as needed, including the official agencies involved Continued use of emergency contact protocols (class communication - Toddle/Google Classroom) PSG - training for |

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| | <p>Sent home for fever during the day -kept under observation in an isolation room until parents arrive.</p> <p>No visitors allowed to campus without an appointment delivery allowed</p> <p>Regularly planned safety drills (Outbreak, Fire, Earthquake, etc.)</p> <p>Following UP-DMHTT</p> | <p>Following UP-DMHTT</p> | <p>Program in place for distance learning/ hybrid model (for quarantined / opt outs/ international)</p> <p>Following UP-DMHTT</p> | <p>Following UP-DMHTT</p> | | | <p>TST TSC+</p> | <p>required to WFH</p> <p>TST (Google form) daily TSC+</p> <p>Report to direct supervisor if there is any personal exposure/infection</p> <p>Following UP-DMHTT</p> | <p>distance learning options</p> <p>School will respond to local health authority directions</p> <p>Inform the community to avoid traveling to the cluster area</p> |
| <p>Act I (less than 5 positive/active cases on each campus at the same time)</p> <p>Enact emergency committees for the 5 areas as required by MoPH 1. Communication 2. Care 3. Command 4. Strategy 5. Awareness</p> <p>During pandemic period - Orange</p> | <p>Must stay home if flu like symptoms (including fever) occur</p> <p>Fever Checking points at entry along with passport check for adult visitors</p> <p>Sent home for fever during the day -kept under observation in an isolation room until parents arrive.</p> <p>TST (Google form) daily</p> <p>No visitors allowed on campus</p> <p>Regularly planned</p> | <p>Must be kept in isolation if flu like symptoms (including fever) occur</p> <p>Fever Checking points after dinner before Study Hall</p> <p>Stay in the residential building when school is closed.</p> <p>TST (Google form) daily</p> <p>High Risk residents are not allowed to leave campus without authority approval.</p> | <p>Affected class deep cleaned after hours, families to be informed of the specific case.</p> <p>- High risk contacts will be informed and ATK tested.</p> <p>- Closure will be determined on a case by case situation using the high risk contact definitions as our guide.</p> <p>- Early Years classes will be closed so that deep cleaning</p> | <p>All regular after school activities canceled during the closure</p> <p>Cross-school athletics canceled during the closure</p> | <p>Field trips and travel suspended</p> <p>No Pool Use</p> | <p>All regularly scheduled/ calendared events canceled during the closure</p> | <p>Transport will operate until all students are returned home.</p> <p>During the closure, ALL bus and van services canceled</p> <p>Buses/Vans are deep cleaned.</p> | <p>Normal working hours online (accessible during work hours)</p> <p>TST (Google form) daily</p> <p>Strictly enforced UP-DMHTT for those who are on campus.</p> <p>Staff is accessible through email. Line, phone to update the situation</p> <p>Keep informed of school communication</p> <p>Report to direct supervisor if there is any personal</p> | <p>Update the community with new information as needed with specific grade levels/classes of active cases.</p> <p>Meetings with Staff and Students as necessary</p> <p>Stay in communication with parents of the confirmed case.</p> <p>Request assistance from CM Health Center and follow their guidelines and ensure that the cleaning can be monitored according to gov't regulations.</p> |

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| | <p>safety drills (Outbreak, Fire, Earthquake, etc.)</p> <p>Following UP-DMHTT</p> | <p>No visitors in residence</p> <p>Strictly enforced UP-DMHTT for those who are on campus.</p> | <p>and ozone disinfecting can happen before returning to class.</p> <p>Hygiene & Handwashing emphasized and reviewed</p> <p>Strictly enforced UP-DMHTT for those who are on campus.</p> | | | | | <p>exposure/infection</p> | |
| <p>Act II (more than 5 positive/active cases on each campus at the same time)</p> <p>Potentially Need to set up a Field Hospital in collaboration with local health center.</p> <p>During pandemic period - red</p> | <p>Must stay home if flu like symptoms (including fever) occur</p> <p>Fever Checking points at entry along with passport check for adult visitors</p> <p>Sent home for fever during the day -kept under observation in an isolation room until parents arrive.</p> <p>TST (Google form) daily</p> <p>No Visitors to campus</p> <p>Regularly planned safety drills (Outbreak, Fire, Earthquake, etc.)</p> | <p>Must be kept in isolation if flu like symptoms (including fever) occur</p> <p>Fever Checking points after dinner before Study Hall</p> <p>Stay in the residential building when school is closed.</p> <p>TST (Google form) daily</p> <p>High Risk residents are not allowed to leave campus without authority approval.</p> <p>No visitors in residence</p> <p>Strictly enforced</p> | <p>School is closed for 5 consecutive days (total) to allow for a deep clean* of the whole campus. Move to DL during this time.</p> <p>- High risk contacts will be informed and ATK tested.</p> <p>Strictly enforced UP-DMHTT for those who are on campus.</p> | <p>All regular after school activities canceled during the closure</p> <p>Cross-school athletics canceled during the closure</p> | <p>Field trips and travel suspended</p> <p>No Pool use</p> | <p>All regularly scheduled/ calendared events are canceled</p> | <p>Transport will operate until all students are returned home.</p> <p>During the closure, ALL bus and van services canceled</p> <p>Buses/Vans are deep cleaned. .</p> | <p>Normal working hours online</p> <p>TST (Google form) daily</p> <p>Strictly enforced UP-DMHTT for those who are on campus.</p> <p>Staff is accessible through email. Line, phone to update the situation</p> <p>Keep informed of school communication</p> <p>Report to direct supervisor if there is any personal exposure/infection</p> | <p>Update the community with new information as needed</p> <p>Use of schools emergency contact protocols when necessary.</p> <p>Meetings with Staff and Students as necessary</p> <p>Stay in communication with parents of the confirmed case.</p> <p>Inform health authorities,</p> <p>Request assistance from CM Health Center and follow their guidelines and ensure that the cleaning can be monitored according to gov't regulations.</p> |

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| | Following UP-DMHTT | UP-DMHTT for those who are on campus. | | | | | | | |
| Mandated Closure (confirmed clusters around district) During pandemic period - dark red | School Facility is closed by the Government for an undetermined amount of time No Visitors to campus | If more than 7 days - students will be sent to their home of residence on a case by case basis. All students who are on campus during this period will be kept in a bubble -with no in and out privileges. TST (Google form) daily Any positive cases will be kept in isolation with our school nurse attending. | Online planning for Administrators and teaching team -DL schedules set up Full distance learning program in place and shared with community - Learning supplies provided in a drive through plan | Not applicable - school is closed | Not applicable - school is closed | Not applicable - school is closed | Not applicable - school is closed | Not applicable - school is closed Staff is accessible through email. Line, phone to update the situation Keep informed of school communication Report to direct supervisor if there is any personal exposure/infection | Daily updates to the community via video posts or email messages Further communication on distance learning. Communication matrix sent to the MOE (School Director responsibility) Communicate and seek help from the local health center. |

| Infection Response Procedures | | |
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| | Next Steps: | Return to School Requirements: |
| (Self) Positive Infection: either ATK or PCR tests return with a positive result. | <ol style="list-style-type: none"> 1. Upon confirmation of a positive result, notify the building administration. (Day 0) 2. Based on a positive ATK test , staff/students must proceed for testing at the hospital/doctor (not a lab) 3. Inform close contacts (count back 3 days from 1st symptom) 4. Follow the medical recommendations given from the Doctor. 5. (Main Campus living): share the hospital directives so that accommodations can be made. | <ol style="list-style-type: none"> 1. Following the Doctors treatment plan- a medical certificate of clearance is required. 2. On the morning of your return, ATK testing with the school nurse is required. |